



ST. PETER'S COLLEGE GARAKU

Scheme of work for:

Term: 3rd , Session: 2019/2020, Class: SSS1, Subject: Guidance And Counseling

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WEEKS	TOPICS	CONTENTS	ACTIVITIES	REFERENCE
1-2	Resumption, Personal! Environmental Hygiene, Follow-up Placement	a. To enable students improve on their personal hygiene b. To ensure students remain as placed	a. Give a psychological talk on personal hygiene b. List and discuss diseases associated with poor hygiene, such as scabies, eczema, ringworm, worms, etc c. Visit the classes to ensure that the students are in their various classes as placed	Guidance And Counseling Counselling page32-32 Page 33-34
3	Secret Cults: Types and effects on students	a. To enlighten students on what secret cults are. b. To educate students on the activities of secret cults c. To intimate students on the dangers of joining secret cults.	a. Define and explain what secret cults are and then mention the types b. Discuss the factors that encourage membership of secret cults. c. Enumerate the activities of secret cults and their effects on students	
4-5	Excursion/FCT Career Exhibition	To expose students to the world of work	Take students out to the hospitals, industries, conference centre, national library, media houses, etc	
6	Adolescent sexualities Unwanted and Abortion.	a. To educate students on the effects of unwanted pregnancy and abortion b. To help students maintain high moral standard	a. Explain unwanted pregnancy and abortion b. Discuss the effects of unwanted pregnancy and abortion c. Give a talk on the of unwanted pregnancy and abortion	
7	Maladaptive behavior	To discourage students from the following: Dishonesty Stealing Fighting Use of bad language (hate speech)	a. discuss maladaptive behaviors b. give talk on dishonesty, stealing, fighting, cheating, use of bad language. c. Discuss their effects on students.	

		<i>Gambling Clubbing Indecent dressing Extortion Rape Ivino</i>	
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8	<i>Examinations.</i>	<i>To prepare students for better performance in their examinations</i>	<i>a. Give a talk on preparing for examinations b. Re-emphasis the need to avoid examination malpractice.</i>
9	<i>Preparation for Holidays.</i>	<i>a. To enable students enjoy holidays. b. To educate students on how to comport themselves during the holidays. c. To encourage them to stay away from bad companies d. To discourage idleness in students and acquire valuable skills.</i>	<i>a. Identify the different activities students can engage in at home, e.g. sweeping, ironing, washing of clothes and plates, mopping, cooking, b. Give talks on engaging in useful activities like reading novels, use of ICT, holiday lessons and developing the use of personal time table. c. Talk on skill acquisitions, e. bead making, tailoring, bricklaying, etc</i>
10	<i>Cumulative recording/Signin Counselor's</i>	<i>To have up to date of students results.</i>	<i>Fill all the counselor's documents, e.g. CRF, Report Sheets, etc.</i>