



ST. PETER'S COLLEGE GARAKU

Scheme of work for:

Term: 3rd , **Session:** 2019/2020, **Class:** SSS2, **Subject:** Guidance And Counseling

Website: www.spcgaraku.com.ng, e-mail: contact@spcgaraku.com.ng

Office Tel: 0814 418 4838, 0805 398 9481

Facebook, Telegram & Twitter: @myspcgaraku

WEEK S	TOPICS	CONTENTS	ACTIVITIES
1-2	Resumption/Cleanin	To make the environment conducive for learning	Discuss how a clean environment and personal hygiene can enhance learning.
3	Group Counseling: Causes and effects Failure/Academic Stress	a. To enlighten students on the causes and effects of failure in life b. To highlight causes of academic stress c. Explain what stress is	a. Discuss failure, causes and effects b. Enumerate and discuss causes of failure/academic stress and the importance of meeting up with the expected goals c. Discuss how to cope with failure d. Discuss and list out what stresses you academically.
4	Group Counselling: Riot and Violent Demonstrations	To educate students on the dangers of riot and violent demonstrations and to avoid being	a. Discuss and explain what riot and violent demonstrations are. b. Enumerate causes of riot and violent demonstrations c. Stress the importance of dialogue d. Discuss the dangers and effects associated with riot and violent demonstrations, e. g. rustication, willful destruction of property, loss of lives, etc
5	Appropriate Use of the Internet	a. To explain what internet is b. To highlight the uses the internet c. To highlight the ways the internet is misused.	a. List all that the internet can offer b. Discourage wrong use of the internet.
7	Discipline	To help maintain discipline	a. Define and explain discipline and

		<i>in the school</i>	<i>how to maintain discipline in the school, e. g. abiding by the school rules and regulations. b. Enumerate and discuss types of disciplined behaviour in the school, e. g. punctuality, regularity neatness, obedience, etc c. Discuss the benefits of these behaviours .</i>
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7-8	<i>Social-Personal Problems: Divorce and Polygamy and their effects on Children.</i>	<i>To help students cope their social-personal problems</i>	<i>a. Explain the term Single Parenthood, Divorce, Polygamy, others. b. Discuss the effects of living with each of the above mentioned on the children. c. Discuss the role of children in maintaining peace and happiness in a family d. Discuss how to cope with the above</i>
9-10	<i>Examinations/Holidays</i>	<i>a. To prepare students for promotion examination To prepare students for holidays.</i>	<i>a. Give a talk on the seriousness of promotion and external examinations b. Discuss examination tips c. Discuss what can be done during the holidays.</i>
11	<i>Filling of Cumulative Record Folder CRF</i>	<i>To update students' records.</i>	<i>a. Fill students' records into the Cumulative Record Folder CRF b. Fill the counsellor's column on student result sheet column</i>

Reference Textbook

Guidance and Counseling for Primary, Junior & Senior Secondary Schools