

## **ST. PETER'S COLLEGE GARAKU**

## Scheme of work for:

**Term:** 3<sup>rd</sup> , **Session:** 2019/2020, **Class:** SSS3, **Subject:** Guidance And Counseling Website: www.spcgaraku.com.ng, e-mail: contact@spcgaraku.com.ng Office Tel: 0814 418 4838, 0805 398 9481 Facebook, Telegram & Twitter: @myspcgaraku

WEEK	TOPICS	CONTENTS	ACTIVITIES
1-2	Resumption/Cleaning/ Administration of Psychological test on students' problem.	a. To keep the school environment clean b. To help students solve their problems	<ul> <li>a. Give a talk on the importance of cleanliness.</li> <li>b. Identify students' problems using the SPI</li> <li>c. Discuss the problems with students in groups and individual counselling and make referrals where necessary</li> </ul>
3	A programme on answering NECD and WASSCE	To enable students understand how to answer questions in SSCE and NECD	Pick 3 or 4 subjects and experienced subject teachers to handle them.
4	Adolescent Sexuality: Dangers of Pre- marital Sex and General Immorality	<ul> <li>a. To sensitize students on</li> <li>the inherent dangers in</li> <li>pre-marital sex</li> <li>b. To enable students</li> <li>imbibe good moral</li> <li>conduct.</li> <li>c. To reiterate the dangers</li> <li>of casual sex and</li> <li>contracting of diseases,</li> <li>e.g. HIV/AIDS and STDs</li> </ul>	<ul> <li>a. Define and discuss pre- marital sex</li> <li>b. Explain the dangers inherent in pre-marital sex</li> <li>c. Enumerate and discuss other aspects of immorality,</li> <li>e. g. indecent dressing,</li> <li>watching pornography, reading immoral books, etc</li> </ul>
5	Tips on Examination Success	To help students improve on their academic performance	Give a general talk on tips on examination questions
6	Preparation for job Interviews/attending Interviews	To prepare students for job interviews and how to attend interviews generally	<ul><li>a. Discuss the necessary</li><li>steps to consider while</li><li>attending interviews</li><li>b. Emphasis mode of dressing</li><li>and comportment</li></ul>
7	Importance of Entrepreneurial scheme/Trade	To teach the importance of various trades and skills	Give a talk on the importance of skills acquisitions and entrepreneurial scheme/trade.
8		To enlighten them on the world of work and	Give talk on how to be responsible citizens

		in tertiary institutions	
9-10			
		<ul> <li>a. To enlighten students on the causes and effects of failure in life</li> <li>b. To highlight causes of academic stress</li> <li>c. Explain what academic stress is</li> </ul>	<ul> <li>a. Discuss and explain what riot and violent demonstrations are.</li> <li>b. Enumerate causes of riot and violent demonstrations</li> <li>c. Stress the importance of dialogue</li> <li>d. Discuss the dangers and effects associated with riot and violent demonstrations,</li> <li>e. g. rustication, willful destruction of property, loss of lives, etc</li> </ul>

## **Reference Textbook**

Guidance and Counseling for Primary, Junior & Senior Secondary Schools