

ST. PETER'S COLLEGE GARAKU

Scheme of work for:

Term: 3rd , **Session:** 2019/2020, **Class:** SSS3, **Subject:** Guidance And Counseling Website: www.spcgaraku.com.ng, e-mail: contact@spcgaraku.com.ng Office Tel: 0814 418 4838, 0805 398 9481 Facebook, Telegram & Twitter: @myspcgaraku

| WEEK | TOPICS | CONTENTS | ACTIVITIES |
|------|--|---|---|
| 1-2 | Resumption/Cleaning/ Administration of Psychological test on students' problem. | a. To keep the school environment clean b. To help students solve their problems | a. Give a talk on the importance of cleanliness. b. Identify students' problems using the SPI c. Discuss the problems with students in groups and individual counselling and make referrals where necessary |
| 3 | A programme on answering NECD and WASSCE | To enable students understand how to answer questions in SSCE and NECD | Pick 3 or 4 subjects and experienced subject teachers to handle them. |
| 4 | Adolescent Sexuality: Dangers of Pre- marital Sex and General Immorality | a. To sensitize students on the inherent dangers in pre-marital sex b. To enable students imbibe good moral conduct. c. To reiterate the dangers of casual sex and contracting of diseases, e.g. HIV/AIDS and STDs | a. Define and discuss pre- marital sex b. Explain the dangers inherent in pre-marital sex c. Enumerate and discuss other aspects of immorality, e. g. indecent dressing, watching pornography, reading immoral books, etc |
| 5 | Tips on Examination Success | To help students improve on their academic performance | Give a general talk on tips on examination questions |
| 6 | Preparation for job Interviews/attending Interviews | To prepare students for job interviews and how to attend interviews generally | a. Discuss the necessarysteps to consider whileattending interviewsb. Emphasis mode of dressingand comportment |
| 7 | Importance of Entrepreneurial scheme/Trade | To teach the importance of various trades and skills | Give a talk on the importance of skills acquisitions and entrepreneurial scheme/trade. |
| 8 | | To enlighten them on the world of work and | Give talk on how to be responsible citizens |

| | | in tertiary institutions | |
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| 9-10 | | | |
| | | a. To enlighten students on the causes and effects of failure in life b. To highlight causes of academic stress c. Explain what academic stress is | a. Discuss and explain what riot and violent demonstrations are. b. Enumerate causes of riot and violent demonstrations c. Stress the importance of dialogue d. Discuss the dangers and effects associated with riot and violent demonstrations, e. g. rustication, willful destruction of property, loss of lives, etc |

Reference Textbook

Guidance and Counseling for Primary, Junior & Senior Secondary Schools